

NOVEMBER | 2023



MOSS Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Cheeseburger Oven Roast Potato Wedges Corn on the Cob Teddy Grahams	31 Chicken Pot Pie Pumpkins Spook-tacular Halloween Dessert	1 Ham and Cheese Quiche Home Fried Potatoes Fruit Cup Iced Cinnamon Roll	2 Chicken Noodle Soup Turkey, Cheese, and Lettuce Wrap Doritos Fruit Roll Up	3 No School
6 Savory Chicken Squares Mashed Potatoes and Gravy Corn Jello	7 Chili In a bread bowl Pepperoni and Cheese Cup Yogurt	8 Cheese Pizza Fruit Cup Sugar Cookies	9 Buffalo Chicken and Provolone Cheese Flatbread Sandwich Lays Chips Applesauce Brownie	10 Beef Tips in Gravy over Noodles Tossed Salad Dinner Roll Yellow Cupcake w/Chocolate Icing
13 Chicken Fried Rice Egg Roll Angel Food Cake	14 BBQ Rib Patty Sandwich Macaroni and Cheese Baked Beans Yogurt	15 Thanksgiving Dinner Turkey, Stuffing, Mashed Potatoes, Corn, Dinner Roll and Butter Pumpkin Pie	16 Stuffed Pepper Soup Cold Italian Hoagie Pudding Cup	17 Chicken, Bacon, Swiss Cheese Sandwich Lays Chips Fruit Cup
20 Spaghetti Dinner Roll Fruit Cup Sugar Cookie	21 Meat Lovers Pizza (Pepperoni, Sausage, Ham, Bacon) Jello Cup	22 No School	23 No School Happy Thanksgiving!	24 No School
27 No School	28 Fish Sandwich French Fries Baked Beans Pudding Cup	29 Chicken a la King over Biscuit Fruit Cup Chocolate Chip Cookie	30 Taco Salad Snickerdoodle cookie	1 Scrambled Eggs, Hash brown, Sausage, Apple Slices, Glazed Donut

News

Portion sizes:

Prek-3rd gr.
Meat or Protein 3oz.
Veggie ¼ c.
Starch or Grain ½ c.
Milk 8oz.

Gr. 4-8
Meat or Protein 4oz.
Veggie ½ c.
Starch or Grain ¾ c.
Milk 8oz.

Lunch Alternate

Hot dog, Lays chips, dessert, and milk

Any student arriving at school after 10:30 am will receive the hot dog lunch alternate.

• Pre-School-3rd Gr. Lunch: \$4.00

4th- 8th Gr. Lunch: \$4.25

Milk: \$.75

Lunch Program Fees-all lunch program costs will be paid for via your FACTS Prepay account.

• A la Carte-Cash Only. Funds from your child's lunch account cannot be used to purchase a la carte items. ALL ala carte items must be paid with cash.