

SEPTEMBER | 2023

Mother of Sorrows



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Chicken Patty Sandwich French Fries Green Beans Chocolate Chip Cookie	29 Hot Dog, Macaroni and Cheese, Baked Beans Chocolate Cupcake w/whipped vanilla icing	30 Breakfast for Lunch Scrambled eggs, Hash brown, Bacon, Blueberry Muffin, Fruit	31 Chicken Teriyaki Seasoned white rice Mixed Vegetables Sugar Cookie w/sprinkles	1 Walking Taco Vanilla Ice Cream cup
4 No School Labor Day	5 Fettuccine Alfredo Steamed Broccoli Garlic Breadstick Rainbow Sherbert Cup	6 Grilled Chicken Salad Garlic Bread Iced Brownie	7 Baked Meatloaf Mashed Potatoes Corn Vanilla Pudding W/whipped cream	8 Buffalo Chicken Flatbread Pizza Tossed Salad Cherry Jell-o w/whipped cream
11 Stuffed Shells Garlic Bread Green Beans Rice Krispy Treat	12 Bacon and Cheese Baked Potato Cup of Chili Corn Bread Yellow Cupcake w/whipped vanilla icing	13 Chicken and Cheese Quesadilla Black beans and Corn Rice Churro	14 Cold Italian Hoagie (pepperoni, salami, ham, provolone cheese, lettuce) Pasta Salad Dill Pickle Spear Chocolate Ice Cream	15 Pepperoni Pizza Tossed Salad Sugar Cookie
18 BBQ Pork Riblet Sandwich Mini Pierogies Green Beans Baked Apple Crisp	19 Ham, Cheese and Lettuce Wrap Cool Ranch Doritos Fruit Cocktail Fruit Roll up	20 Swedish Meatballs Over Noodles Buttered Peas Vanilla Pudding w/whipped cream	21 2 Bavarian Pretzel Sticks Wisconsin Cheese Soup Tossed Salad Chocolate Cupcake w/Chocolate icing	22 Turkey Club Sub (turkey, bacon, swiss cheese, lettuce, tomato) Lays Chips Dill Pickle Spear Blue Raspberry Jell-o Cup
25 Chicken, Bacon, Ranch, and Cheese Flatbread Sandwich Doritos Iced Brownie	26 Cheeseburger French Fries Corn Chocolate Pudding Dirt Cup	27 Chicken Pot Pie Applesauce Vanilla ice cream cup	28 Spaghetti and Meatballs Tossed Salad w/ranch Garlic Bread Yellow Cupcake w/chocolate icing	29 Chef Salad Chicken Noodle Soup Dinner Roll Chocolate chip cookie

News

Portion sizes:

Prek-3rd gr.
 Meat or Protein 3oz.
 Veggie ¼ c.
 Starch or Grain ½ c.
 Milk 8oz.

Gr. 4-8
 Meat or Protein 4oz.
 Veggie ½ c.
 Starch or Grain ¾ c.
 Milk 8oz.

Lunch Alternate

Hot dog, Lays chips, dessert,
 and milk

Any student arriving at school
 after 10:30 am will receive the
hot dog lunch alternate.

· Pre-School-3rd Gr. Lunch:
 \$4.00

4th- 8th Gr. Lunch: \$4.25

Milk: \$.75

Lunch Program Fees-all lunch
 program costs will be paid for via
 your FACTS Prepay account.

· A la Carte-Cash Only. Funds
 from your child's lunch account
 cannot be used to purchase a la
 carte items. **ALL ala carte items
 must be paid with cash.**