

MOSS HEALTH SERVICES

Administration of Medication During School Hours

Only medications which are absolutely necessary will be given during the school day. Whenever possible, parents/guardians are requested to administer medication at home to their children. If this is not possible, parents or guardians may request that the school nurse administers medication during school hours when a nurse is on duty.

Any student who is required to take medication during school hours will be subject to the following regulations:

- A "Medication in School" form must be completed and signed by the physician and parent or guardian and returned to the school nurse before any (prescription or over the counter) medication can be dispensed in school. "Medication in School" forms are available in the Nurse's office.
- Prescription medications must be in the original pharmacy container and delivered to the school nurse by a parent or responsible adult designee. Only a 30 school day supply can be accepted at one time by the school nurse. A mutually acceptable delivery date and time should be established between the parent and school nurse.
- Over the counter medications must be in the original pharmacy container and delivered to the school nurse by a parent or responsible adult designee. A physician's order to administer the medication is required. Over the counter medications will only be administered during times when a school nurse is on duty. If your child requires an over the counter medication when a school nurse is not on duty, a parent or adult parent designee must administer the medication to the student.
- If the school nurse is unavailable to administer the medication on a time schedule determined by the student's physician, the student's parent or adult parent designee will be responsible for administering the medication.
- Students requiring medical attention must report to the nurse or main office. No medications should be placed in lunch boxes or school bags for students to self-administer.

General Information

The school nurse is responsible only for the care of injuries and sudden illnesses which occur while the student is in school until the parents can be reached to take the child home, to the doctor or to the hospital. In an emergency, the nurse or building administrator will arrange to have the student transported to the hospital.

The school nurse is not available to treat or diagnose students who arrive to school with injuries or illness. Parents will be called to pick students up who arrive ill or with an injury that requires assessment. Please make every effort to treat minor illness prior to school so that students are comfortable and ready to learn during the school day.

If a child has a specific medical problem, it should be made known to the teachers and the school nurse. Appointments should be made with the school nurse prior to the first week of

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school to discuss any serious, ongoing problem. Medic-Alert bracelets are strongly recommended for any child with a medical problem.

An "Emergency Information" card is required annually for every student and is to be completed and returned to the school nurse during the first week of school. All "Emergency Information" forms are to be updated with any changes in contact information, medical concerns and medication changes (both home and in school) throughout the school year.

Services

Pennsylvania health mandates are provided by the Franklin Regional School District Health Services Department. During this school year, the following screenings will be required or completed at school:

Vision

- Visual acuity for all newly entering students and students in Kindergarten – Grade 8
- Far acuity with plus lens, color vision and depth perception screening for all students in Grade 1

Hearing

- Hearing screening for all newly entering students and students in Kindergarten, Grades 1,2, 3 and 7

Scoliosis

- Scoliosis (spinal curvature) screening for all students in Grades 6 and 7.

Growth

- Height, weight and BMI for students in Grades K-8

Health Appraisals

- A physical examination is required for all newly entering students and students in Kindergarten and Grade 6. This examination may be completed by your private physician or by the district physician (written parent request, signed permission and health history completion are required for a school exam). School exams will be scheduled on the Franklin Regional campus and parents must accompany their student to the exam. Physical examination documentation is due to the Nurse's Office prior to the start of Grade K and Grade 6.

Dental Certificates

- A dental certificate is required for all newly entering students and students in Kindergarten, Grades 3, and 7. The Dental exam may be completed by your private dentist or by the district dentist (written parent request and signed permission is required for the exam). School exams will be scheduled on the Franklin Regional campus and parents must accompany their student to the exam.

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Immunizations Requirements (not provided in school or as part of an in school physical exam)

- The following immunizations are required as a condition of attendance in the Commonwealth.

*For attendance into **All Grades***

- 4 doses of tetanus (usually given as DTP, DTaP, DT or Td). One dose must be given on or after the 4th birthday.
- 4 doses of diphtheria(usually given as DTP, DTaP, DT or Td). One dose must be given on or after the 4th birthday.
- 3 dose of polio
- 2 doses of measles (usually given as MMR)
- 1 does of rubella (usually given as MMR)
- 3 doses of hepatitis B
- 2 doses of varicella (chickenpox) vaccine, evidence of immunity shown by laboratory confirmation of disease or written statement of history of chickenpox disease from a parent, guardian or physician.

*Required for entry into **7th grade** Due prior to the start of grade 7*

- 1 dose of tetanus, diphtheria, acellular pertussis (Tdap). If 5 years has elapsed since last tetanus immunization.
- 1 dose of meningococcal conjugate vaccine (MCV)

*Medical, religious and philosophical exemptions must be submitted in writing to the Nurse's Office prior to the start of the school year.

All students who are entering Mother of Sorrows School as transfers from other schools are required to produce an up to date immunization record with registration. Medical and dental examinations forms are also required if medical records are not forwarded by the previously attended school.

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SICK CHILDREN... SEND TO SCHOOL OR KEEP HOME

People often experience colds and stomach viruses.

The main reasons for keeping your child home are:

- If he/she is too sick to be comfortable at school
- If he/she might spread a contagious disease to other children

Deciding when a child is too sick to go to school can be a difficult decision for parents to make. When trying to decide, use the guidelines below to help you.

Keep your child home-if your child has any of the following symptoms:

- **APPEARANCE, BEHAVIOR** -unusually tired, pale, lack of appetite, difficult to wake, confused or irritable. This is sufficient reason to exclude a child.
- **EYES** -thick mucus or pus draining from the eye or pink eye. (With pink eye (conjunctivitis) you may see a white or yellow discharge, matted eyelids after sleep, eye pain and/or redness.) The students should be evaluated by a physician before returning to school and written medical clearance to return should be submitted.
- **FEVER** -temperature of 100 degrees Fahrenheit or higher.A child must be fever free for 24 hours without the use of a fever reducing medication such as Tylenol or Ibuprofen.
- **CHRONIC COUGH** -should be seen by a health care provider. These conditions may be contagious and require treatment.
- **SORE THROAT** -especially with fever or swollen glands in the neck. With Strep throat, the child may return to school after 24 hours on antibiotics. Written medical clearance to return to school should be submitted.
- **DIARRHEA** -three (3) or more watery stools in a 24 hour period, especially if the child acts or looks ill. A child should be diarrhea free for 24 hours and should be tolerating meals and fluids before returning to school.
- **VOMITING** -A child experiencing vomiting caused by gastrointestinal illness should remain out of school for 24 hours and should be tolerating meals and fluids before returning to school.
- **RASH** -A child with a body rash, especially with fever or itching should be out of school until a medical diagnosis can be made. Written medical clearance to return to school should be submitted.
- **LICE, SCABIES** -children may not return to school until they have been treated and are free of lice and nits (eggs). Students must be checked by a nurse before re-entering the classroom after treatment. A mutually acceptable recheck time should be established between the nurse and parent before the student is returned to school.

IF YOUR CHILD SHOWS ANY OF THE ABOVE SYMPTOMS AT SCHOOL, IT WILL BE NECESSARY TO PICK HIM/HER UP FROM SCHOOL.

Please try to treat the symptoms of minor illnesses at home so your student can feel comfortable and ready to learn during the school day.