

MOSS News & Notes

Mother of Sorrows School, 3264 Evergreen Drive, Murrysville, PA 15668

PHONE: 724-733-8840 WEBSITE: www.mossschool.org

Dates to remember:

- Credit Union Deposit Day has been moved to Friday, March 10th
- Spring Pictures - Tuesday, March 14th and Wednesday, March 15th
- FISH FRY - Fridays in March and April through April 7th; 11:30 am - 7:00 pm. Take out orders call: 724-980-2636
- No school - Thursday, March 23rd and Friday, March 24th



Lenten Prayer

Almighty and Everlasting God,
 You have given the human race
 Jesus Christ our Savior as a
 model of humility. He fulfilled
 Your Will by becoming Man and
 giving His life on the Cross.
 Help us to bear witness to You
 by following His example of suf-
 fering and make us worthy to
 share in His Resurrection. We
 ask this through our Lord Jesus
 Christ, Your Son.

Amen

Message from Mrs. Szmed

Dear MOSS Families,

We are reminded that Lent is one of the many blessings that comes to us from Catholic faith. Lent asks us to take time to prepare ourselves to receive the holiest days of our Church year and the great good news that it delivers: God, in Jesus Christ, is victorious... over evil, over death...and that victory is ours! May you and your family live in this peace and joy throughout Lent and in the Easter Season this year!

Congratulations to MOS CYO Varsity Blue Boys Basketball Team who won the Varsity division! The team has advanced to the State Championships. Our team will play their first game on Friday, March 17th at 4:00 pm at Seton Hill University. I hope that many of you can go and support our team!

The funding effort for the SmartLab is doing well. Since the kick-off meeting, I have received additional commitments and donations, but we definitely need your help to reach our goal. The installation date for the SmartLab is May 8, 2017.

Now that we have two Fish Fry's under our belt, we definitely know we need more volunteers. If you have not signed up, please do so. If you do not understand how to sign up online, please call the school office and we can take care of signing you up. We need all the help we can get.

As all of you know by now, we are not having a gala event this year. Instead, we are hosting the "Late Nite Catechism" production on April 21, 2017. On Friday this week, all families will be asked to sell at least two adult tickets to the event. You could buy them yourself, as a gift for someone, sell them to relatives, neighbors, or friends. We really need this event to be sold out to make the profit we need. Please support this effort by selling the tickets, if not please return them as soon as possible.

I realize that school fundraisers are not fun, believe me, it's not what I want to be concentrating on. But it's a part of Catholic schools everywhere to keep tuition affordable for all children who want to attend. School fundraising profits are part of the operating budget and if goals are not met, the money has to come from somewhere else. I appreciate any help you can give.

Our Catholic school has an excellent future, thanks for your commitment to Mother of Sorrows School. Please be a positive MOSS supporter so we can educate many children for years to come.

Faithfully yours,

Theresa A. Szmed

Theresa A. Szmed
Principal



Did you know???

There is still time to volunteer for the Fish Fry! Sign up via the link at www.mossschool.org

Next Newsletter - April 4

Notes from the office:

TAKE HOME TUESDAY

Take Home Tuesday materials are now posted directly to the MOSS website on the 1st and 3rd Tuesday of each month. On the 1st Tuesday of each month, the MOSS News & Notes Newsletter will be sent home. On the 3rd Tuesday of each month, the one page "Updates & Reminders" flyer will be sent home. The link for Take Home Tuesday materials can be found under the Family Resources tab at www.mosschool.org. **The following items can be found for March 7th:**

- March 7th MOSS News & Notes newsletter
- March lunch menu & parent volunteer schedule
- Spring picture schedule
- Track registration forms
- Box Tops collection sheet
- Speed and agility flyer
- Girls code day flyer

SPRING PICTURES

Spring pictures will be taken on Tuesday, March 14th and Wednesday, March 15th. **There are no order forms.** Proofs and order forms will be sent home after the pictures have been taken. Children may wear clothing that reflects their personality on their picture day.

HELP WANTED FOR TINY DISCIPLES

MOSS has formed a new cooperative play group (the Tiny Disciples) for families with tiny children (birth to 5 years old). We hope that as they get to know us they will want to enroll their children when the time comes. Tiny Disciples adults and their tots meet in the school one morning a week. Children enjoy free play, a craft, a snack and music while learning to socialize. Adults form a peer support group and create lasting friendships. A preschool teacher and a volunteer hostess welcome the Tiny Disciples to the school. They provide a friendly link to our school community, maintain safe school policies and keep the group running smoothly. If you would like to help host this group, please contact Kim Bracken (bracken@windstream.net) or Nurse Stacey (724-733-8840, samandola@mosschool.org). The time commitment can be as little as an hour and a half a month, depending on your schedule. Thank you for helping us grow our school community.

CYO BOYS BASKETBALL

The CYO boys basketball playoffs were held February 25th and 26th at Greensburg Central Catholic High School. We are very proud of all of the MOS teams and want to extend a sincere thank you to the volunteer coaches who give so freely of their time to make this experience possible for the students. Congratulations to the MOS 8 Blue Varsity team, winners of the Varsity division. MOS Blue will be representing the Diocese of Greensburg at the State Championships which will be held at Seton Hill University on March 17th – 19th. Best of luck to Nicholas DiNinno, Alex Kana, Jake Kimmich, Luke Kimmich, Stephen Merante, Nick Dolney and Brandon Terek!

TRACK & FIELD

MOSS will be offering track and field this Spring from March 20th through May 13th. The **first practice will be held Monday, March 20th** at the Franklin Regional High School track. The **first meet is scheduled for Saturday, April 1st** (8:30am - around noon) at Gateway Middle School. The emphasis is always on fun, participation and personal improvement for both team and individual competitions. Meets are relaxed, social, and have events for competitors of all ages. Students in Kindergarten through 8th grade are welcome to participate, however, students in Kindergarten through 2nd grade must have a parent stay with them during practices and meets.



Practices will be held on Mondays and Wednesdays (6:00 pm - 7:15 pm) at the Franklin Regional High School track – rain or shine. The track will be used (if available) and the open field or lot. Students need only good running shoes and a water bottle to participate. Log onto mosschool.org (Take Home Tuesday) for a **registration form (& fee) due by Monday, March 20, 2017**. Please contact coach Dr. David Jordan at 724-681-5862 or email at profdwj@gmail.com with questions.

SOCCER

The CYO Spring coed soccer season will begin on Saturday, April 1st with practices in March as soon as weather permits. The season will run until May 21st with soccer matches on Saturday afternoons. Practices will be held on a Murrysville soccer field (probably Beckwith field across from Sloan Elementary school on Wednesday and/or Friday evenings). Matches will be played at the Geibel and Greensburg Central Catholic Junior/Senior High School locations on Saturdays.

The MOS athletic director has received several positive responses such that MOS will have a JV soccer team. However, no positive responses have been received for participation by MOS grade 7 & 8 students. As a result, MOS is in danger of not fielding a MOS varsity soccer team this year. The MOS varsity team won the diocesan championship last year.

If you are interested in your son(s) or daughter(s) playing MOS CYO soccer this spring, please email the MOS athletic director (John Koury) at jfk001@comcast.net as soon as possible. You will be provided the required registration forms/information, the season planning dates, and be placed in contact with the MOS soccer coaches.

LIBRARY NEWS

Library classes are offered on Mondays and Tuesdays (new volunteers are always welcome!). Thanks to the efforts of many teachers, volunteer parents and grandparents, the Library is what it is today. Books have been acquired through Scholastic book sales in the fall, memorial gift donations and families donating gently used books. Families may purchase library books as memorials for Birthday, special occasions and loved ones who have died. After making a memorial donation, a book will be purchased and a nameplate will be placed in the book in honor of the intention. The MOSS staff would like to extend our deepest appreciation to Mrs. Jordan, Mrs. Scherpereel, Mrs. Hudock and Mrs. Cadwell for sharing their time and love of reading with our students.

YEARBOOK PHOTOS

Photos from all MOSS events are needed for the 2016-17 yearbook. If you have any photos and would like them to be considered for the yearbook, please upload them to www.pictavo.com. Choose "Connect to a Pictavo Community – upload photos – create an account" then enter MOSS school code 64601. Thank you.

Computer Corner:

- PK4 has been practicing using the left click (fine motor skills) with *Tux Paint*.
- 1st grade is having fun coding with Ipads creating sound and motion.

- 2nd grade has been working very hard on keyboarding and mouse skills.
- 3rd - 8th grade is taking a tour of the world with Google Earth! The students are learning how to use the proper tools in Google Earth to find landmarks. Looking ahead, the students will learn how to navigate The Flight Simulator to fly over areas they are studying in Social Studies and Geography.
- **Keyboard/Coding Tutoring:** Mrs. DeGroot is available for Keyboard and Coding Tutoring Monday and Wednesday from 3:15 pm - 4:15 pm. The cost is \$25.00 per session. In addition to keyboarding students will also learn more about computer programming. Please email Mrs. DeGroot for the best day at kdegroot@mosschool.org.

Fundraising updates:

FISH FRY SUPPORT NEEDED

There is still time to volunteer for the Fish Fry! The Fish Fry continues on the following Fridays: 3/10, 3/17, 3/24, 3/31 & 4/7. Please sign up to assist for as little or as much as you can. We are requesting that each MOSS family sign up to volunteer for one Fish Fry. The link to sign to volunteer can be found at www.mosschool.org or go to <http://signup.com/go/TpHtv>. The take out phone number to order from the Fish Fry is 724-980-2636.

SMARTLAB UPDATE

We are on our way to reaching our SmartLab goal. To date, we have donations and commitments totaling \$47,000! Every donation counts. Our students are very excited about this addition to our curriculum. Please be a part of this wonderful fundraising effort. Together, we can make a difference in our children's education.

LATE NITE CATECHISM

Tickets are on sale now in the office for *Late Nite Catechism*, which replaces the Spring Gala on April 21st. Adult tickets are \$40 and tickets for children under 10 years old are \$25.

SCRIP

The Scrip year ends on Sunday, April 30th. Scrip purchases made through April 30th will be applied as tuition credit for the 2017-2018 school year.

BOX TOPS FOR EDUCATION

Thank you to all who participated in the Box Tops contest. MOSS collected 5,253 Box Tops earning \$530.30. Although our submission and participation are down considerably from the past few years, we did meet our goal of \$1000. Our total earnings for the year are \$1,553.80. A final collection will occur in May in order to gather Box Tops that could expire before the fall collection. Congratulations to Mrs. Willard's class for earning the hot chocolate and sweets party! Each student who participated received a free kids meal from Chick-fil-A Monroeville.

Reminders:

- **Credit Union Deposit Day** is Friday, March 10th. Please note this date change.
- A **Great Lakes Scrip** order will be placed on Tuesday, March 21st. This is the only Great Lakes order that will be placed in the month of March.
- **No school** on Thursday, March 23rd or Friday, March 24th.
- **Sarris** candy orders will be ready for pick up on Tuesday, April 4th.
- **Kennywood** tickets will be on sale for \$26 on Friday, April 7th from 11:15 am – 11:45 am.
- Please return 2017-2018 **registration** materials as soon as possible.

March 2017 LUNCH MENU						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Grilled Cheese or French bread Pizza	2 Pasta and Meat sauce or Ham BBQ	3 Tuna Salad Croissant or Macaroni and Cheese	4
5	6 Chicken Patty Sandwich or Hot Dag	7 Chicken Romano Or Cheeseburger	8 Beet Stroganoff or BBQ Pulled Pork sandwich	9 Lasagna Or Buffalo Chicken Wrap	10 Cheese Pizza Or Macaroni and Cheese	11
12	13 Chicken Nuggets or Cold Italian Hoagie	14 Meatloaf Or Chicken Turnover	15 Beef-a-roni or Baked Fish	16 Hash brown Casserole or Sloppy Joe	17 Cheese Pizza or Fish Sticks	18
19	20 Egg Salad Sandwich Or Chicken Nuggets	21 Baked Chicken or Salisbury Steak	22 Pasta and Meat sauce or Chet Salad	23 no school	24 no school	25
26	27 Tuna Salad Croissant or Buffalo Chicken Macaroni and Cheese	28 Reuben pockets or Cheese Quesadilla	29 Ham and Cheese Potato Bake Or Chicken Bacon Ranch Sub	30 Bacon, Egg, and Cheese Croissant or French Toast Bake	31 Cheese Pizza or Macaroni and Cheese	

March Lunch Duty Calendar

- 3/7/2017 CHRISTLIEB, FARBEROW, TRUSCHEL
- 3/8/2017 BEACOM, VARGO, ZORICH
- 3/9/2017 THOMPSON, DUPIL, ZORICH, MERO
- 3/10/2017 ZORICH, TADONNIO, PIPON, BRACKEN
- 3/13/2017 SLIKE, JEFFERIES, NUZZO
- 3/14/2017 VARLEY, SALAS, PETRINA, WHITTIER
- 3/15/2017 VARGO, GNECCO
- 3/16/2017 THOMPSON, MOREWOOD, BRACKEN, NUZZO
- 3/17/2017 MERO, RICH, MOREWOOD, BRADLEY
- 3/20/2017 JEFFERIES, PARK, CARARINI
- 3/21/2017 OSSELBURN, FARBEROW, SIMONE
- 3/22/2017 EVANCHO, PARK, NUZZO
- 3/23/2017 NO SCHOOL
- 3/24/2017 NO SCHOOL
- 3/27/2017 CHRISTLIEB, THATCHER, KOVAL
- 3/28/2017 HICKS, NUZZO, SIMONE
- 3/29/2017 PARK, TESTA, NUZZO
- 3/30/2017 THOMPSON, DUPIL, BRACKEN, MERO
- 3/31/2017 STONER, BEESON, BRADLEY, ZORICH

School Picture Day

Tuesday, March 14th Wednesday, March 15th

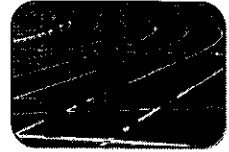
8:45	1-Malley	8:45	8 th Grade
9:05	1-Capozoli	9:05	7 th Grade
9:20	Pre-k 3 Ruzh	9:20	6 th Grade
9:40	Pre-K 4 Stack	9:40	4 DiBattiste
9:50	3 rd Smart	10:00	4-German
10:10	3 rd Coleman	10:20	5 th Beer
10:30	K+	10:40	ADK
10:45	2 nd Willard	11:00	2 nd Lindena
11:00	5 th Adam	11:30	6 th Grade
11:20	PK4 w/ parents	11:45	

Spring pictures are student personality photos. School uniforms are not to be worn on your day.

Students are to dress in normal clothes!
No sandals, open toe shoes or spaghetti straps



MOSS TRACK & FIELD CLUB 2017



MOSS will be offering **Track and Field this spring March 20th through May 13th**.
The **first practice is Monday, March 20th** (6pm) at Franklin Regional High School Track.
The **first meet is Saturday, April 1st** (8:30am) at Gateway Middle School in Monroeville.

Emphasis is always on fun, participation and personal improvement for both team and individual competitions. Meets are relaxed, social, and have events for all competitors. Parent volunteers are very important and necessary for meets to run efficiently.

Running Events:

50m (Novice only), 100m, 1600m, 400m, 4x100m relay, 800m, 200m, 3200m, 4x400m relay.

Field Events:

Long Jump, Shot Put (JV/Varsity only), Turbo Javelin (JV/Varsity only).

Students from K through 8th grade are welcome to participate, however students in K through 2nd grade must have a parent stay with them during practices and meets. Students need only good running shoes and a water bottle to participate.

- **Practices will be on Mondays and Wednesdays** (6pm - 7:15pm) at **Franklin Regional High School Track** – rain or shine. The track will be used (if available) and/ or the open field or lot.
- **Meets will be Saturday mornings** (8:30am - about noon) at **Gateway Middle School** (4/1, 4/8, 4/22 & 4/29).
- **Novice Championship (K-4th)** is **Saturday, May 6th** (noon - 4pm) at **Bethel Park High School**.
- **JV/Varsity Championship (5th-8th)** is **Saturday, May 13th** (7:30am - 4pm) at **Robert Morris University Track, Neville Island**.
- **Registration FORM & FEE (\$40)* due by March 20, 2017** attached below or Log onto mosschool.org ("Family Resources", then "Take Home Tuesday").

Please contact coach Dr. David Jordan at 724-681-5862 or email at profdwj@gmail.com with questions.

* **The FEE is \$40** (cash or check made payable to "Mother of Sorrows School").

This cost includes a Track Shirt (be sure to indicate shirt size on form).

We plan to order a NEW STYLE of Track Shirt for the 2017 Season.

FEE & FORM must be submitted to school office by March 20, 2017 (or brought to practice that day) **to have a Track Shirt ordered and student participant Rostered for the April 1st meet.**

OPTIONAL: We also plan to order a NEW STYLE of WARM-UP JACKET (navy, full zipper front, hood and embroidered). Cost would be \$35.

MOSS TRACK & FIELD REGISTRATION FORM & FEE
DUE IN THE OFFICE BY MARCH 20, 2017

TRACK SHIRT SIZE (YS - AXL)
(REQUIRED & Included in \$40 FEE)

Print LAST NAME of Student (for Back of TRACK SHIRT)

YES or NO
Warm-up Jacket (OPTIONAL)
(Additional \$35)

Warm-up Jacket SIZE (YS - AXL)

STUDENT'S NAME BIRTH DATE GENDER GRADE / HOMEROOM TEACHER

PARENT 1 Name (PRINT)

PARENT 2 Name (PRINT)

PARENT 1 TELEPHONE NUMBER
(Permission to receive Texts: Y/N)

PARENT 2 TELEPHONE NUMBER
(Permission to receive Texts: Y/N)

PARENT 1 EMAIL ADDRESS

PARENT 2 EMAIL ADDRESS

PARENT 1 SIGNATURE

PARENT 2 SIGNATURE

(acknowledging consent to participate, potential for injury, physical ability of your child to participate, and waiver of any and all claims against Mother of Sorrows School and Parish and all coaches and volunteers pertaining to participation in the MOSS track & field club)

WAIVER

I, the undersigned, as a condition to participation in any track and field events held at Franklin Regional High School, Gateway Middle School, Bethel Park High School & RMU on or after March 20, 2017, or any postponement date, hereby waive any all claims of any nature related to this event against any and all parties involved, including, but not limited to, Mother of Sorrows School, Mother of Sorrows Parish, coaches, volunteers, other participants, and spectators. I acknowledge that participation involves the potential for personal injury, and assume all risk for the same.

Print Student's NAME

AGE

SIGNATURE OR PARENT'S SIGNATURE (IF UNDER 18)

.....
OFFICE USE ONLY

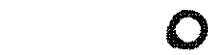
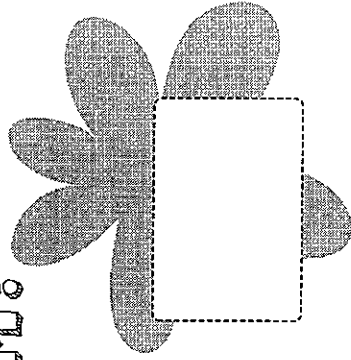
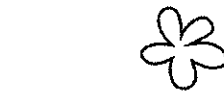
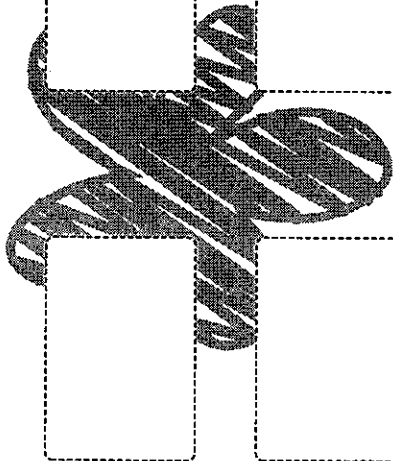
Check # or Cash/ amt. rec'd

Date Rec'd

Roster #



BOX TOPS ARE IN BLOOM!



Thank you for helping! Clipped Box Tops are each worth 10¢ for your child's school.
Bonus certificates should not be attached to this sheet - please submit them separately.
To see more ways to earn cash for your child's school, go to BTFE.com.



Greensburg Central Catholic Speed † Agility Training

Grades K-8

March 8– May 24

Wednesdays from 6:30-7:30 PM

Greensburg Central Catholic High
School Auxiliary Gym or Field
(weather dependent)

One Time \$25 Fee includes training and t-shirt
Please make checks payable to Westmoreland Saints

Instructed by: Coach Aaron Smetanka

- Head Football Coach
- Certified Personal Trainer
- CIFL Football MVP and 2X Champion

Contact Head Coach Aaron Smetanka with Questions:

412-398-0187

ASmetanka@gcchs.org

Join us on March 25th for
GIRLS CODE DAY!

**STREAM-Science, Technology, Religion, Engineering,
Arts, and Math!**

Open to all girls at MOSS Grades K-8!

When: March 25, 2017 from 2 P.M. TO 6:00 P.M.

Where: MOSS Computer Lab & Cafeteria

Cost: \$20.00 per child (We need at least 10 girls to participate)

RSVP: March 17 to Mrs. DeGroot @ kdegroot@mosschool.org

A great day planned to try out new coding activities like create an emoji and an LED Dress! A special viewing of Barbie Video Game Hero. Pizza and drinks will be served AND we will attend the 5pm mass.

